

the
Briar Rose
 Co.

Semaglutide *Titration*

BRC-IP · 5 mg/mL · Weekly subcutaneous injection · Increase every 4 weeks

WHAT IT IS A glucagon-like peptide-1 (GLP-1) receptor agonist — the same molecule found in Wegovy and Ozempic. The most-studied compound in modern weight-loss research, with peer-reviewed efficacy data extending over 2 years (STEP trials).

WHY THE RAMP FDA-recognized maintenance is 2.4 mg/wk (Wegovy). Earlier phases are titration steps to manage GI tolerability — most users find their balance at the 1.0 mg or 2.4 mg level.

THREE DEVICES **Pen** 60u max **0.5 mL syringe** 50u max **1 mL syringe** 100u max

single

x2

x3

WEEKLY DOSE SCHEDULE — YOUR TITRATION JOURNEY

1 WKS 1–4 **0.25 mg/wk** → 5 units · 0.05 mL

TITRATION

PEN **5u single** 0.5 ML **5u single** 1 ML **5u single**

5 WKS 5–8 **0.5 mg/wk** → 10 units · 0.10 mL

TITRATION

PEN **10u single** 0.5 ML **10u single** 1 ML **10u single**

9 WKS 9–12 **1 mg/wk** → 20 units · 0.20 mL

MAINTENANCE OPT.

PEN **20u single** 0.5 ML **20u single** 1 ML **20u single**

13 WKS 13–16 **1.7 mg/wk** → 34 units · 0.34 mL

MAINTENANCE OPT.

PEN **34u single** 0.5 ML **34u single** 1 ML **34u single**

17 WKS 17+ **2.4 mg/wk** → 48 units · 0.48 mL

FDA WEGOVY MAINT.

PEN **48u single** 0.5 ML **48u single** 1 ML **48u single**

HD OPTION Wegovy HD (7.2 mg/wk) was FDA-approved in 2025; most community researchers cap at 2.4 mg.

HOW LONG EACH CARTRIDGE LASTS

CARTRIDGE	TARGET MAINTENANCE	LASTS	NOTE
5 mg standard	Phase 1–2 ramp	~10 wks	<i>Covers full ramp through Phase 2 (0.5 mg).</i>
10 mg best value	Phase 1–3 + maintenance	~10 wks ramp + ~4 wks at 2.4 mg	<i>Best \$/mg; covers full titration plus first month of maintenance.</i>

WATCH FOR

- Personal/family history of medullary thyroid carcinoma (MTC) or MEN-2 syndrome
- History of pancreatitis or gallbladder disease
- Pregnancy or breastfeeding
- Severe gastroparesis

HOLD DOSE (DON'T ESCALATE) IF

- Daily nausea persisting beyond 2 wks at current dose
- Any vomiting in past 7 days
- Weight loss exceeding 2 lb/week
- New gallbladder symptoms (RUQ pain, fatty-food intolerance)
- Sulfurous burps or persistent reflux

The Briar Rose Co. · **Storage:** Refrigerate at 2–8°C immediately upon receipt · Use within 30 days of first injection · Do not freeze

Sources: FDA Wegovy label (2025) · STEP-1 trial (NEJM 2021)